

# WEARING OF MOUTH GUARDS POLICY

*The RFU strongly recommend that mouth guards (also known as gum-shields) are worn for any contact activity (both training and matches). The use of mouth guards can help to protect the teeth and face.*

*With that in mind the Club will now require all players to wear one unless there is a legitimate reason why they cannot. The policy will be **“no mouth guard, no play”**.*

*Should your child choose not to wear one please sign and return the statement below:*

I, \_\_\_\_\_

the parent of \_\_\_\_\_ Age Group \_\_\_\_\_

understand that Thanet Wanderers expect all players to wear a mouth guard for all contact training or matches. I agree for him/her not to wear one for the following reason-

\_\_\_\_\_ and accept full responsibility for any consequences.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*